



Glen Edwards Middle School

Physical Education Department

P.E. Travel Study / Absence Make-up Form

On the days that you are absent from PE class, **for any reason**, you are expected to “make-up” for the physical activities that you missed during your absence.

The “make-up” can be performed during after school hours. The following are examples of after school activities that can serve as “make-up”: swimming, hiking, walking, biking, jogging, aerobic class, martial arts, after school athletics, etc. This form must be completed by the student performing the activities.

The activities must be performed for a combined total of 45 minutes for each class missed. A parent signature will serve as confirmation that the “make-up” exercises have been completed. Travel study work should be turned in upon returning to school.

PE Teacher (circle one): **Nichols** **Hankins** **Kepler** **Hunt**

Student’s name: _____ **# of days Absent:** _____

Reason for absence: Travel Study Illness Other: _____

Period **1** **2** **3** **5** **6**

Types of physical activities performed and duration of activity:

(duration must total 45 minutes for each absence.)

Parent Signature: _____ **Date:** _____